



Prone Leg Curl | PPL-150

- Angled hip and chest pads are designed for natural prone position to minimize spinal hyperextension.
- Adjustable footroll to accommodate different leg length without affecting knee alignment with the axis of rotation.
- Counter-balanced resistance cam for 0 lb. start position.
- Mectral steel reinforced Kevlar® belt transport system.
- Main frame structures are 2"x3" 11-gauge rectangular tubular steel with a combination of 2"x2" square and 2" round tubular steel.
- High density padding 1" thick 3 lbs. rebound urethane foam glued to 1" industrial plywood backing.
- 12-inch length weight prongs (Olympic plates).
- Weight capacity: 600 lbs.
- Standard Wrinkle Black finish with Charcoal Texture accent, double-stitched Black premium upholstery that is antimicrobial, abrasion/stain resistant and fire retardant.



Ht: 28 in/71 cm
Wt: 187 lb/85 kg

NOTE: Dimensions are rounded to the nearest inch and centimeter



Point camera
and tap on code

